

Hélène Taberlet

Senior Associate, Geneva



Hélène specialises in international commercial and investment arbitration, and has experience in a number of sectors, including energy, construction and engineering. She acts as counsel and administrative secretary in arbitrations under a variety of procedural rules, including the ICC, ICSID and LCIA Arbitration Rules, in disputes arising from share purchases, joint ventures and large projects.

Before joining LALIVE, Hélène was Senior Legal Counsel at a Geneva-based international energy company, where she managed and oversaw pre-contentious matters and disputes and provided legal support for all oil and gas trading activities.

Current professional memberships

- + Member of ArbitralWomen
- + Member of ASA below 40
- + Member of WISTA Switzerland

Career history

- + Senior Associate, LALIVE, Geneva, 2024 – present
- + Associate, LALIVE, Geneva, 2021 – 2023
- + Senior Legal Counsel, Philia SA, Geneva, 2019 – 2021
- + Legal Counsel, Philia SA, Geneva, 2017 – 2019
- + Associate, Orrick, Herrington & Sutcliffe, 2016 – 2017
- + Associate, Herbert Smith Freehills, Paris, 2014 – 2016
- + Trainee Solicitor, Herbert Smith Freehills, London, 2012 – 2014

Academic qualifications

- + Postgraduate Diploma in Legal Practice, BPP University, 2012
- + Bachelor of Laws, London School of Economics, 2011

Contact

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Practices

- + Arbitration - International Commercial
- + Arbitration - Investment Treaty
- + Public International Law

Sectors

- + Construction & Infrastructure
- + Energy
- + Mining
- + Technology

Languages

- + English
- + French

Nationality

- + British
- + Swiss

Admission

- + Switzerland (foreign lawyer), 2021
- + England & Wales, 2014

Recognition

“The LALIVE team was stellar...Hélène Taberlet [was] unfailingly well prepared.”

GAR 100, 2025

Recent publications

The IBA Task Force on Privilege in International Arbitration: Taking on the “Pick and Mix” Approach

HELENE TABERLET, ISABELLA CANNATÀ

In: Kluwer Arbitration Blog, 15 June 2024

United Kingdom Update: *Kabab-Ji SAL (Lebanon) v Kout Food Group (Kuwait)* [2021] UKSC 48

EDEN JARDINE, HÉLÈNE TABERLET

In: Young ITA Newsletter, Vol. 3, Issue 1 – Winter 2022

Recent conferences

Swiss Arbitration Academy – Introduction to aspects of corruption in international arbitration

HELENE TABERLET, Speaker

17 November 2024

ASA below 40 Seminar – Trust Me, I’m an Expert – Working with Experts in International Arbitration

HELENE TABERLET, Speaker

27 September 2024

Swiss Arbitration Academy – Introduction to aspects of corruption in international arbitration

HELENE TABERLET, Speaker

6 November 2022